



Terms & Conditions

I understand that by registering for an event organised by LG Fitness Coach I agree to abide by the following terms and conditions:

1. I understand that my registration fee is non-refundable if I drop out of the event for any reason, and at any time.
2. I understand that I have a responsibility for ensuring my own fitness to participate in the event and will declare all medical details when I am asked by LG Fitness Coach to complete a Medical Disclaimer.
3. LG Fitness Coach accepts no liability for any damage, injury or loss suffered by or to me, or to any other persons, or to any property in connection with the event or otherwise.
4. You must be 16 or above to participate in a LG Fitness Coach event.
5. While LG Fitness Coach will take every care and risk assessment when organising an event, the participant acknowledges that personal accident and personal items insurance is his or her sole responsibility. The participant acknowledges that personal accident and personal items/holiday insurance is his or her sole responsibility. Please buy a travel insurance policy that works for you for any unforeseen circumstances and with a covid policy – even for UK Escapes, travel insurance is necessary.

Cancellation Policy

6. If you wish to cancel a confirmed booking you must let us know by emailing hello@laurengregorypt.com as soon as possible and, in any event, prior to the first day of your booking. Your booking will be cancelled with effect from the day we receive your email or written notification and will be subject to the cancellation charges set out in the section below:

- If you cancel within 89-60 days before the event start date you will be charged 50% of the total charge.
- If you cancel within 59-31 days before the event start date you will be charged 75% of the total charge.
- If you cancel 30 or less days before the event start date you will be charged 100% of the total charge.

7. For trail running weekends, the balance is due 8 weeks before the event or on the date specified on the booking page.

8. If an event is cancelled for any reason by LG Fitness Coach the participant will be due a full refund or the opportunity to transfer to another event.

9. LG Fitness Coach reserves the right at any time to remove participants from an event or prevent participants participating in an event if in the event manager's sole discretion, they consider such action necessary for safety reasons or the proper enjoyment of the event by other participants or for any other reasonable reason. No refund shall be made if the participant has acted negligently, maliciously, with wilful misconduct or otherwise without due care and attention for the event or other participants, so as to cause his/her removal.

10. I understand that the itinerary can change at any time and without warning. From time to time we may need to amend published routes for safety reasons – LG Fitness Coach will not offer refunds if the route is different than published.

11. The participant consents to being photographed and filmed throughout the event and that these films and photographs may be used in any media for the purpose of advertising, publicity and otherwise in relation to the exploitation of the event (and future events) and/or the promotion of the LG Fitness Coach.

12. By agreeing to these terms, you are also agreeing to the terms of our Privacy Policy

